



ALICE HOUSTON
WOMEN'S LEADERSHIP
PROGRAM

STRATEGIC LEADERSHIP FOR WOMEN ON THE RISE

The Alice Houston Women's Leadership Program is designed to accelerate and sustain the growth of mid-level women leaders into positions of greater influence. This five-month cohort experience strengthens essential leadership competencies such as strategic thinking, self-awareness, negotiation, and executive presence, while building the resilience and confidence needed to thrive in complex organizational environments.



PRESENTING SPONSOR

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Applications for the next class are due by December 1.
Learn more by scanning QR or visiting:
leadershiplouisville.org/womens-leadership-program/

WHO SHOULD APPLY?

Mid-level women leaders across all sectors – typically Managers or Directors – with experience leading others and a desire to grow their influence and strategic impact.

Ideal candidates are:

- **Balancing** the demands of leading teams while managing up.
- Seeking greater **confidence, clarity, and executive presence**.
- Working in **fast-paced, high-expectation** environments.
- Eager to **influence decisions** across departments and power structures.
- Ready to **build resilience and align leadership** with their values and purpose.

KEY PROGRAM FEATURES

- **WELL Model Curriculum**
- **Real-World Application**
- **Mentoring & Coaching**
- **Monthly Leadership Intensives**

DURATION & FORMAT

February–June; monthly full-day sessions (with a two-day opening retreat in February) and additional WELL Circle and mentor meetings outside of program days.

502.561.0458 | www.leadershiplouisville.org

ALICE HOUSTON WOMEN'S LEADERSHIP PROGRAM

ELEVATING WOMEN. ADVANCING LEADERSHIP.

This five-month cohort experience is built on the WELL (Women's Elevated Leadership Learning) Model and taught by women with executive and coaching experience. The benefits for employers include:



EFFECTIVE LEADERS

Participants return with sharpened tools for strategic execution, influence, and collaboration.



RETENTION & ENGAGEMENT

Women who feel seen, supported, and invested in are more likely to stay and grow with your organization.



LEADERSHIP PROGRESSION

Prepare more women for senior leadership through targeted, results-driven development.



COMMUNICATION & CULTURE

Graduates foster more engaged, emotionally intelligent, and high-performing teams.

CURRICULUM FRAMEWORK: THE WELL MODEL



LEADING SELF

WELL-GROUNDED – Growing self-awareness enables women to be WELL-GROUNDED in their leadership purpose, values, and personal brand.

WELL-FUELED – Leaders who understand how to manage stress, build resilience, and sustain energy are WELL-FUELED to go the distance.



LEADING OTHERS

WELL-VOICED – Strengthening confidence and executive presence empowers the effective communication and negotiation skills of a WELL-VOICED leader who can command attention in high-stakes moments.

WELL-CONNECTED – Providing strategies to influence up, down, and across creates WELL-CONNECTED leaders who can build relationships and lead cross-functionally.



LEADING THE BUSINESS

WELL-ACCOMPLISHED – Driving change, mastering prioritization, and thinking strategically will make for a WELL-ACCOMPLISHED professional who delivers results and leads by example.

PROGRAM ENHANCEMENTS

Learning WELL Circles (Peer Coaching Groups): Collaborate with cohort members to build a life-long board of directors to solve real-time leadership challenges now and in the future.

Executive Mentorship: Personalized guidance and support from high-level executive women leaders.