



ALICE HOUSTON
WOMEN'S LEADERSHIP
PROGRAM

STRATEGIC LEADERSHIP FOR WOMEN ON THE RISE

The Alice Houston Women's Leadership Program is designed to accelerate and sustain the growth of mid-level women leaders into positions of greater influence. This five-month cohort experience strengthens essential leadership competencies such as strategic thinking, self-awareness, negotiation, and executive presence, while building the resilience and confidence needed to thrive in complex organizational environments.



PRESENTING SPONSOR



Applications for the next class are due by December 1.
Learn more by scanning QR or visiting:
leadershiplouisville.org/womens-leadership-program/

WHO SHOULD APPLY?

Mid-level women leaders across all sectors – typically Managers or Directors – with experience leading others and a desire to grow their influence and strategic impact.

Ideal candidates are:

- **Balancing** the demands of leading teams while managing up.
- Seeking greater **confidence, clarity, and executive presence**.
- Working in **fast-paced, high-expectation** environments.
- Eager to **influence decisions** across departments and power structures.
- Ready to **build resilience and align leadership** with their values and purpose.

KEY PROGRAM FEATURES

- **WELL Model Curriculum**
- **Real-World Application**
- **Mentoring & Coaching**
- **Monthly Leadership Intensives**

DURATION & FORMAT

February–June; monthly full-day sessions (with a two-day opening retreat in February) and additional WELL Circle and mentor meetings outside of program days.

502.561.0458 | www.leadershiplouisville.org

ALICE HOUSTON WOMEN'S LEADERSHIP PROGRAM

ELEVATING WOMEN. ADVANCING LEADERSHIP.

This five-month cohort experience is built on the WELL (Women's Elevated Leadership Learning) Model and taught by women with executive and coaching experience. The benefits for employers include:



EFFECTIVE LEADERS

Participants return with sharpened tools for strategic execution, influence, and collaboration.



RETENTION & ENGAGEMENT

Women who feel seen, supported, and invested in are more likely to stay and grow with your organization.



LEADERSHIP PROGRESSION

Prepare more women for senior leadership through targeted, results-driven development.



COMMUNICATION & CULTURE

Graduates foster more engaged, emotionally intelligent, and high-performing teams.

CURRICULUM FRAMEWORK: THE WELL MODEL



LEADING SELF

WELL-GROUNDED – Growing self-awareness enables women to be WELL-GROUNDED in their leadership purpose, values, and personal brand.

WELL-FUELED – Leaders who understand how to manage stress, build resilience, and sustain energy are WELL-FUELED to go the distance.



LEADING OTHERS

WELL-VOICED – Strengthening confidence and executive presence empowers the effective communication and negotiation skills of a WELL-VOICED leader who can command attention in high-stakes moments.

WELL-CONNECTED – Providing strategies to influence up, down, and across creates WELL-CONNECTED leaders who can build relationships and lead cross-functionally.



LEADING THE BUSINESS

WELL-ACCOMPLISHED – Driving change, mastering prioritization, and thinking strategically will make for a WELL-ACCOMPLISHED professional who delivers results and leads by example.

PROGRAM ENHANCEMENTS

Learning WELL Circles (Peer Coaching Groups): Collaborate with cohort members to build a life-long board of directors to solve real-time leadership challenges now and in the future.

Executive Mentorship: Personalized guidance and support from high-level executive women leaders.